



**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND  
COLLEGE OF NURSING**

**BREAST FEEDING WEEK  
LACTATHON-2022**

**REPORT ON WOMEN'S DAY CELEBRATION 2022**

**Date and Day:** 1<sup>st</sup> August 2022 to 25<sup>th</sup> August 2022

**Venue:** Smt. Sunanda Pravin Gambhirchand college of Nursing

**Participants:** Teachers, Students and Nursing staff from various institutes

SMES, SSPG Institute of Nursing, celebrated the International Women's Day 2022, by organizing various programmes at college level.

Following programmes were organized for celebrating this day.

SR.NO.	DATE	PROGRAMME
01	26 <sup>th</sup> July 2022 to 2 <sup>nd</sup> August 2022	Competitions held on breastfeeding week
02	4 <sup>th</sup> August 2022	Role play on breastfeeding week
03	5 <sup>th</sup> August 2022	Webinar on breastfeeding week
04	25 <sup>th</sup> August 2022	Breastfeeding week in hospital
05	27 <sup>th</sup> August 2022	Webinar on breastfeeding week

All the students, staff enthusiastically participated in the various events held in celebrating this day.



**SEVA MANDAL EDUCATION SOCIETY'S  
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COLLEGE OF NURSING**

**REPORT ON COMPETITIONS HELD ON BREASTFEEDING WEEK  
CELEBRATION 2022**

**Date:** 26<sup>th</sup> July 2022 to 2<sup>nd</sup> August 2022

**Venue:** Smt. Sunanda Pravin Gambhirchand College of Nursing

**Participants:** All Nursing Students

**FLYER FOR COMPETITIONS**

**SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING & ANM SCHOOL OF NURSING**  
Invite  
Entries for Competitions on the occasion of

**BREAST FEEDING WEEK**

**COMPETITIONS ARE :**

- POSTER COMPETITION
- SLOGAN COMPETITION

**THEME: "STEP UP FOR  
BREASTFEEDING: EDUCATE AND  
SUPPORT"**

**Guideline for Poster Competition**  
The poster must be made on the half size of the chart size with margins

**Guideline for Slogan Competition**  
Size of the chart: half size of the chart  
The slogan can be written in English, Hindi, marathi (one language – one slogan)  
Maximum – 4 lines

**Note-**  
The last date for the submission – 2<sup>nd</sup> August 2022  
Single participation- Single entry  
Name and class of the participant, must be clearly mentioned on the back side of the chart

**Contact Persons:**  
Ms Greeshma Minesh –  
9503534352  
Ms. Neshwari-  
9821544998

Competition on breast feeding week was done on 2<sup>nd</sup> August 2022 on the topic – breastfeeding: educate and Support within the SMES, Smt. Sunanda Pravin College of nursing. Two competition such as slogan and poster competitions were done. There was total 12 students for poster and 11 students for Slogans. Results were announced on the same day of competition.



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COLLEGE OF NURSING**

**Results of the competitions**



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SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING & ANM SCHOOL OF NURSING

**BREAST FEEDING WEEK 2022  
COMPETITION RESULT**

**THEME: "STEP UP FOR BREASTFEEDING: EDUCATE AND  
SUPPORT"**

PRIZE	POSTER		SLOGAN	
	NAME OF THE STUDENTS	CLASS	NAME OF THE STUDENTS	CLASS
I	Ms. Aditi Devale	1 <sup>st</sup> Year ANM	Ms. Poonam Bhavranjan Majumdar	1 <sup>st</sup> Year B.B.Sc Nursing
II	Ms. Shreya Chindam	1 <sup>st</sup> Year B.B.Sc Nursing	Ms. Dhanashree Mhade	2 <sup>nd</sup> Year B.B.Sc Nursing
III	Ms. Nichole Milton Ambrose	4 <sup>th</sup> Year B.B.Sc Nursing	Ms. Harshala Dalvi	2 <sup>nd</sup> Year B.B.Sc Nursing





## SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

### ROLE PLAY ON BREASTFEEDING WEEK

**Date :** 4<sup>th</sup> August 2022

**Group:** 4<sup>th</sup> yr B.B.Sc nursing students

**Place:** Ray road and Govandi area

During occasion of Breastfeeding week, in collaboration with Reliance foundation, 4<sup>th</sup> year students of B.B.Sc nursing performed a role play on breastfeeding on 4<sup>th</sup> August 2022 in Ray road and Govanadi community. Along with role play students had performed community awareness program, they have wrote slogan in maximum mothers who were present over along with mehendi in their hand. Also they had done discussion session along with mothers to clear their doubts





**SEVA MANDAL EDUCATION SOCIETY'S  
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COLLEGE OF NURSING**

**WEBINAR ON BREASTFEEDING WEEK IN COLLABORATION WITH HAPPY MOM FOUNDATION**

**Date:** 5<sup>th</sup> August 2022, 1-2 Pm

**Venue:** Online

**Participants:** 16 Nurses from Mehta Hospital, Chennai

**FLYER OF THE PROGRAM**

SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING & ANM SCHOOL OF NURSING  
In Collaboration With  
Happy Mom

**HAPPY MOM**  
PREGNANCY IS HAPPYFOOT

**WEBINAR ON BREAST FEEDING  
WEEK**

**TOPIC : Nursing profession in Lactation management-  
Communication shouldn't be Miscommunicated**

**DATE : 4<sup>TH</sup> August  
TIME : 1- 2pm**

**SPEAKER**

**Ms. Delphina Gurav  
Vice Principal  
SMES, SSPG CON**

**Organizer :  
Dr. Jayshree Krishna  
Founder of Happy Mom**

In collaboration with Happy Mom Foundation, SMES Smt. Sunanda Gambhirschand College of nursing conducted a Webinar on the topic: Nursing profession in Lactation management- Communication shouldn't be Miscommunicated. Ms Delphina Gurav, Vice principal, SMES Smt. Sunanda Gambhirschand College of nursing was the speaker for the program. The program was organized by Dr. Jayshree Krishna, founder of Happy Mom and participant were 16 nurses from Mehta hospital, Chennai. Ms. Dephina sensitized the nurses regarding right methods of communication for Lactation. She also narrated the practical experiences of day-to-day practices were nurses can made mistakes. At the end discussion session was held, were doubts of all nurses clarified by Ms. Delphina Gurav.





**SEVA MANDAL EDUCATION SOCIETY'S  
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COLLEGE OF NURSING**

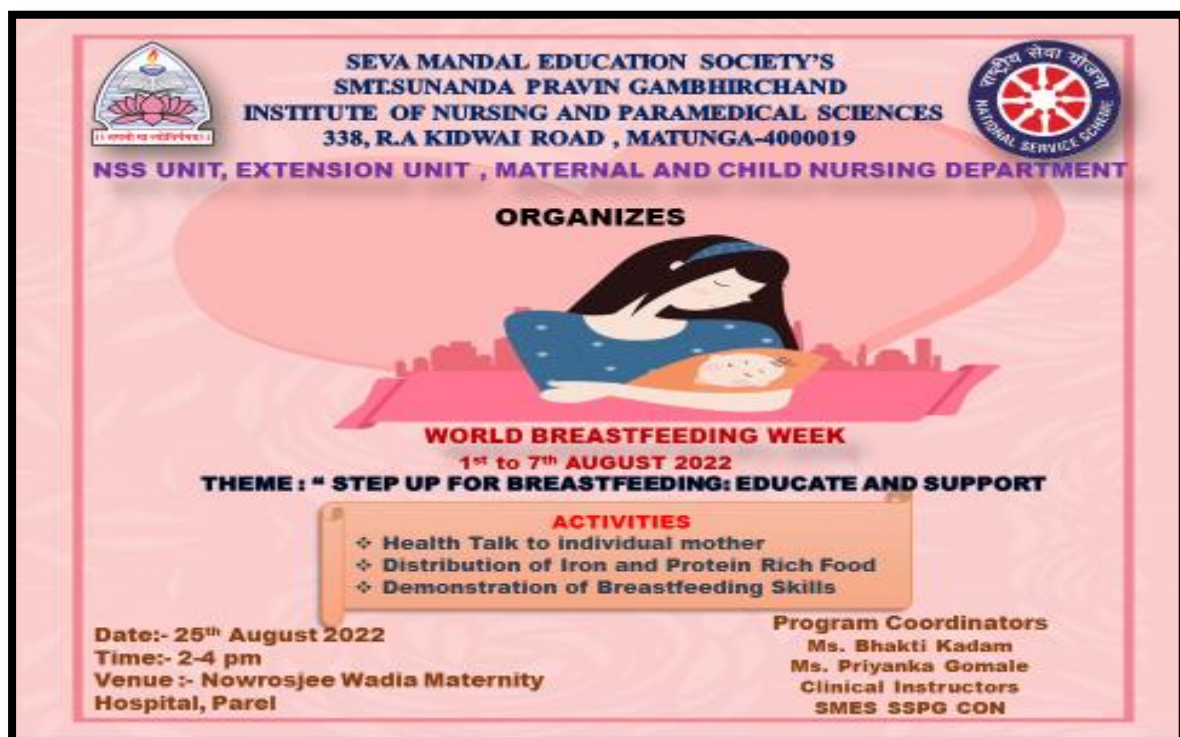
**REPORT ON CELEBRATION OF BREASTFEEDING WEEK IN  
HOSPITAL**

**Date:** 25th August 2022

**Venue:** Nowrosjee Wadia Maternity Hospital

**Participants:** 25 Students

**FLYER OF THE PROGRAM**

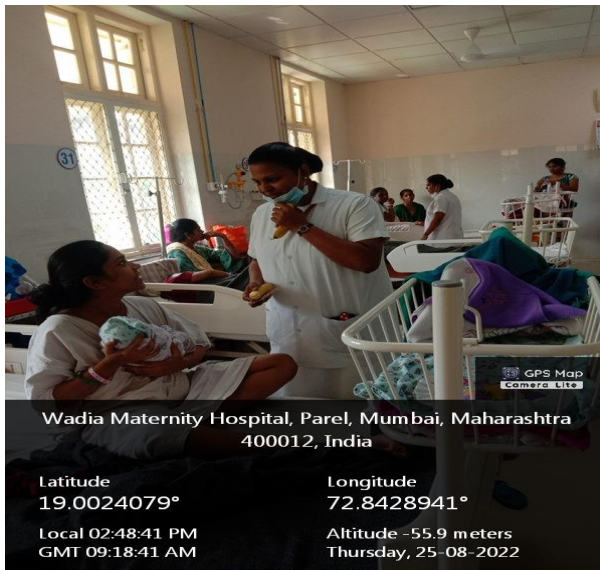


The NSS Unit, Extension unit of our college had organized breastfeeding week at Nowrosjee Wadia Hospital, Parel on 25<sup>th</sup> August 2022 from 2pm to 4pm onwards. Our ANM Nursing 10 students and B.Sc Nursing 15 students and 3 teaching faculty had accompanied for the same. Students have given one to one health talk for individual mothers regarding breastfeeding techniques, advantages of breastfeeding, diet to be taken during post-natal period. They also distributed chikki and banana to the post-natal mothers.



## SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

### GLIMPSES OF THE PROGRAM



Wadia Maternity Hospital, Parel, Mumbai, Maharashtra  
400012, India

Latitude  
19.0024079°

Local 02:48:41 PM  
GMT 09:18:41 AM

Longitude  
72.8428941°

Altitude -55.9 meters  
Thursday, 25-08-2022



Wadia Hospital, Parel East, Parel, Mumbai, Maharashtra 400014,  
India

Latitude  
19.0032866°

Local 03:12:42 PM  
GMT 09:42:42 AM

Longitude  
72.8428704°

Altitude 0 meters  
Thursday, 25-08-2022

### STUDENTS GIVING HEALTH TALK TO MOTHERS



2R3Q+5RP, J Merwanji St, Parel East, Parel, Mumbai, Maharashtra  
400012, India

Latitude  
19.0029706°

Local 02:49:34 PM  
GMT 09:19:34 AM

Longitude  
72.839547°

Altitude 0 meters  
Thursday, 25-08-2022



2R3Q+5RP, J Merwanji St, Parel East, Parel, Mumbai, Maharashtra  
400012, India

Latitude  
19.0029706°

Local 02:55:41 PM  
GMT 09:25:41 AM

Longitude  
72.839547°

Altitude 0 meters  
Thursday, 25-08-2022

### STUDENTS DISTRIBUTING CHIKKI AND BANANA



**SEVA MANDAL EDUCATION SOCIETY'S  
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COLLEGE OF NURSING**

**FEEDBACK**

मेश नाम संजू जयस्तात हैं।  
मैं वाडिया हस्पताल में भरती हु  
मुझे दो दिन लडकी हैं  
हमारी सिस्टर दिदी ने हमें स्तनपान के बारे  
में जानकारी दी और हमें केला और चिककी की  
जिसे हमें बहुत सारे फायदे होंगे, तो मैं उनकी  
बहुत शुक्र गुजार हूँ।

**FEEDBACK FROM POST NATAL MOTHER**

I Mrs Natini Nursing Education at Nowrosjee  
Wadia Hospital parel. Being a Maternity Hospi-  
tal we mostly focused on patients Diet  
Hygiene etc. By conducting this activity by  
SMES SSPA college of Nursing students was very  
usefull for the moth postnatal mothers, On behalf  
of Our hospital I thank the Principal, ~~Vice~~  
Vice Principal, faculty and students  
\_\_\_\_\_ Thank you.

**FEEDBACK FROM NURSE EDUCATOR OF NOWROSJEE**





**SEVA MANDAL EDUCATION SOCIETY'S  
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**WEBINAR ON BREASTFEEDING WEEK IN ESIS HOSPITAL  
MULUND, MUMBAI**

**Date:** 27<sup>th</sup> August 2022, 1-2 Pm

**Venue:** Online

**Participants:** 35 staff nurses at ESIS Hospital Mulund, Mumbai

**FLYER OF THE PROGRAM**

SEVA MANDAL EDUCATION SOCIETY'S  
SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING &  
ANM SCHOOL OF NURSING

In Collaboration ESIS Hospital, Mulund, Mumbai

**WEBINAR ON BREAST FEEDING  
WEEK**

**TOPIC - Communicating the Missed Communication in Lactation  
Care**

**DATE:** 27<sup>th</sup> August  
2022  
**TIME:** 1-2pm

**SPEAKER**

**Organizer :**  
ESIS Hospital Mulund,  
Mumbai

**Ms. Delphina Gurav**  
Vice Principal  
SMES, SSPG CON

A seminar was organised by SMES, Smt. Sunanda Pravin Gambhirschand College of Nursing on the occasion of Breastfeeding week 2022 on 27<sup>th</sup> August 2022 for staff nurses at ESIS Hospital Mulund, Mumbai. Ms. Delphina Gurav, Vice Principal, SMES, Smt. Sunanda Pravin Gambhirschand College of Nursing was the speaker for the same. Madam spoke on the topic “**Communicating the Missed Communication in Lactation Care**”. Total 35 staff nurses attended the session. Mr. Vikram Pawar, Nursing staff was the co-ordinator for the program. Matron, Dr. Suvarna Patil felicitated the speaker. Madam Delphina emphasized on the updates in lactation and touched based on the missing information about counselling in lactation care. She also spoke on the theme of the year “Step up for Breastfeeding, Educate and Support.” The participants were very happy and gave positive feedback of the seminar.